



First Parish Duxbury  
UNITARIAN UNIVERSALIST CHURCH

# Programming across the Lifespan

Being a part of a loving community strengthens our love for others, ourselves, and the world around us.

## Our UU Rainbow Promises

Every person is important.  
Be kind in all you do.  
We're free to learn together.  
We can search for what is true.  
All people need a voice.  
Build a fair and peaceful world.  
We care for the Earth.  
*Unitarian Universalist Principles, children's version*

Registration

781-934-6532

[welcome@uudux.org](mailto:welcome@uudux.org)



2023-2024

# Children's Programs

## Trimester Themes

1 UU Principles

2 Being Neighborly

3 Taking Action

## Community + More!

FPC offers community events, youth thru adult education and opportunities for spiritual growth, and multi-generational connection.

- **FUN DAYS:** Themed community events throughout the year.
- **ARTLAND:** UU-themed projects that nurture spiritual growth.
- **SERVICE PROJECTS:** Opportunities to actively engage in good works in the local community and beyond.
- **WORKSHOPS:** Music, art, spirituality, and beyond.
- **DINNER CHURCH:** Fellowship, food, and fun.
- *And so much more.*

Children's Program  
Registration

←  
Click here

## Program Highlights



**K-12**

Soul Matters offers small group, age-appropriate curriculum that fosters circles of trust and deep listening. Monthly themes encourage growth experiences and reflection.



**3rd Grade +**

With our beloved Rev Rob Kinslow, children will learn and understand our UU principles through the secrets of magic (respect, kindness, creativity and resourcefulness) while building confidence, self-esteem and social skills. Learn more [here](#).



**K-2**

A Montessori-based religious education programming curriculum, Spirit Play encourages independent thinking through wondering, story and ritual, play and creativity.

**K-Adult**

Our Whole Lives provides accurate, developmentally appropriate information about sexuality across the lifespan.



**6 months - Pre-K**

Loving and age-appropriate care is available for children during Sunday morning worship services.

# '23-'24 CALENDAR

Trimester 1: UU Principles			Trimester 2: Being Neighborly		
	K-2	3rd+		K-2	3rd+
<b>September</b>	<i>WELCOME</i>		<b>January</b>	<i>LIBERATING LOVE</i>	
10	Ingathering + Blessing of Back Packs		7	Unit Introduction: Being Neighborly	
17	Artland	Magic Lab	14*	Church Street Prep	
24	Artland	Magic Lab	19 (Friday)	FUN DAY: Harry Pottery Immersive Experience	
			21	Church Street Finale	
<b>October</b>	<i>HERITAGE</i>		28	Spirit Play / Soul Matters	
1	Spirit Play	Magic Lab			
8*	Artland - Heritage		<b>February</b>	<i>JUSTICE &amp; EQUALITY</i>	
15	Spirit Play	Magic Lab	4	Soul Matters/Chimes	
22	Meditative Doodling	Magic Lab	11	Soul Matters/Chimes	
29	Pumpkin Sunday Prep + Magic Lab		18*	Artland - Justice & Equality	
			26	Spirit Play / Soul Matters	
<b>November</b>	<i>GENEROSITY</i>				
5	Soul Matters	Magic Lab	<b>March</b>	<i>TRANSFORMATION</i>	
10 (Friday)	FUN DAY: Dinner Theater Magic Show		3	Artland	Little Free Library Project
12*	Artland - Generosity		10	Artland	Little Free Library Project
19	Harvest Feast + Food Prep				
26	Pageant Prep				
<b>December</b>	<i>MYSTERY</i>				
2 (Saturday)	Holiday Fair		<b>March</b>	<i>TRANSFORMATION</i>	
3	Pageant Prep + Holiday Workshop		17	Unit Introduction: Taking Action	
10	Pageant Prep		22 (Friday)	FUN DAY: Purim Party	
17	Pageant!		24	Spirit Play/Soul Matters	
24	Christmas Eve Service		31	Endangered Species	
31	<i>No Programming or Childcare</i>				
			<b>April</b>	<i>INTERDEPENDENCE</i>	
			7	Beach Cleanup Field Trip	
			14*	Music Workshop	
			21	Earth Day Field Trip	
			28	Intro to Service Projects	
			<b>May</b>	<i>PLURALISM</i>	
			5	Hunger Walk	
			12	Youth Sunday Prep	
			19	Youth Sunday Prep	
			26*	Artland - Pluralism	
			<b>June</b>	<i>RENEWAL</i>	
			2	Annual Meeting + Ice Cream Truck	
			9	Youth Sunday + Bridging	
			16	Flower Communion	
<b>JUNIOR YOUTH GROUP</b>					
<i>Meet 1st Sunday of each month from 5-7pm.</i>					
October 1					
November 5					
December 3					
January 7					
February 4					
March 3					
April 7					
May 5					
June 2					
<i>Junior Youth Group: 5th-7th graders.</i>					
Childcare and Programming are provided all Sundays					
except 12/31/23.					
* Indicates Holiday weekends					



More info to follow!



2023-2024

# Adult Programs



## Enrichment + Learning

Our adult programming will engage your mind, body, and spirit!

Additional programs will be announced throughout the year.

Stay in the loop by joining our email list today!

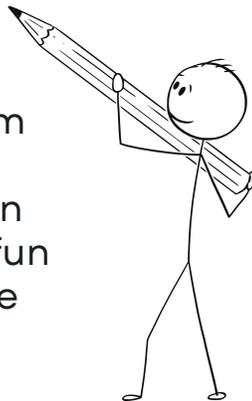


Click here

## The Joy of Drawing

SUNDAY, 10/22 | 3-5pm

It's back! Everyone can be an artist with this fun and interactive course by our own Jim Hamilton.



### Registration required.

Spaces limited. Ages 18+.



THURSDAYS 11am-12pm | 8 weeks  
Sep 28 5 thru Nov 16  
One-time \$10 Registration Fee at door

Developed at Kripalu Center for Yoga and Health, Shake Your Soul® is a mindful and joyful movement experience that cultivates physical strength, balance, range of motion, spontaneity, self-expression, community, and overall comfort and confidence in the body. Learn more [here](#).

### Registration Required.



### Artworks Drop-in Studio

After a successful inaugural year, Art Studio is back.

Stay tuned for details!