

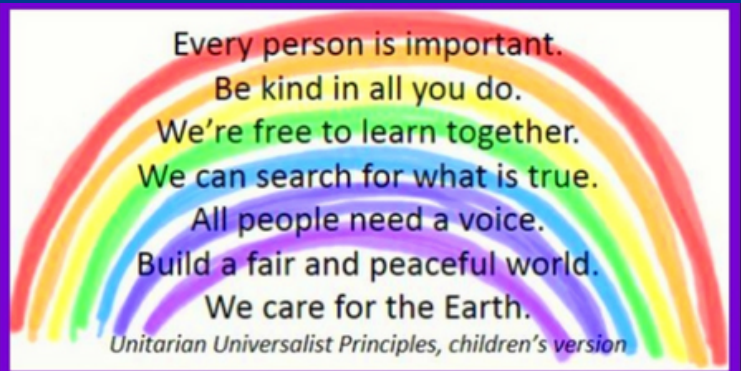


First Parish Duxbury  
UNITARIAN UNIVERSALIST CHURCH

## Programming across the Lifespan

Being a part of a  
loving community  
strengthens our  
love for others,  
ourselves, and the  
world around us.

### Our UU Rainbow Promises



Registration

781-934-6532

[welcome@uudux.org](mailto:welcome@uudux.org)



# 2023-2024 Children's Programs

## Trimester Themes

- 1 UU Principles
- 2 Being Neighborly
- 3 Taking Action

## Community + More!

FPC offers community events, youth thru adult education and opportunities for spiritual growth, and multi-generational connection.

- **FUN DAYS:** Themed community events throughout the year.
- **ARTLAND:** UU-themed projects that nurture spiritual growth.
- **SERVICE PROJECTS:** Opportunities to actively engage in good works in the local community and beyond.
- **WORKSHOPS:** Music, art, spirituality, and beyond.
- **DINNER CHURCH:** Fellowship, food, and fun.
- *And so much more.*

**Children's Program  
Registration**

←  
Click here

## Program Highlights



### K-12

Soul Matters offers small group, age-appropriate curriculum that fosters circles of trust and deep listening. Monthly themes encourage growth experiences and reflection.



### 3rd Grade +

With our beloved Rev Rob Kinslow, children will learn and understand our UU principles through the secrets of magic (respect, kindness, creativity and resourcefulness) while building confidence, self-esteem and social skills. Learn more [here](#).



### K-2

A Montessori-based religious education programming curriculum, Spirit Play encourages independent thinking through wondering, story and ritual, play and creativity.

### K-Adult

Our Whole Lives provides accurate, developmentally appropriate information about sexuality across the lifespan.



### 6 months - Pre-K

Loving and age-appropriate care is available for children during Sunday morning worship services.



# '23-'24 CALENDAR

Trimester 1: UU Principles			Trimester 2: Being Neighborly		
	K-2	3rd+		K-2	3rd+
<b>September</b>	<b>WELCOME</b>		<b>January</b>	<b>LIBERATING LOVE</b>	
10	Ingathering + Blessing of Back Packs		7	Unit Introduction: Being Neighborly	
17	Artland	Magic Lab	14*	Church Street Prep	
24	Artland	Magic Lab	19 (Friday)	FUN DAY: Harry Pottery Immersive Experience	
			21	Church Street Finale	
<b>October</b>	<b>HERITAGE</b>		28	Spirit Play / Soul Matters	
1	Spirit Play	Magic Lab			
8*	Artland - Heritage		<b>February</b>	<b>JUSTICE &amp; EQUALITY</b>	
15	Spirit Play	Magic Lab	4	Soul Matters/Chimes	
22	Meditative Doodling	Magic Lab	11	Soul Matters/Chimes	
29	Pumpkin Sunday Prep + Magic Lab		18*	Artland - Justice & Equality	
			26	Spirit Play / Soul Matters	
<b>November</b>	<b>GENEROSITY</b>				
5	Soul Matters	Magic Lab	<b>March</b>	<b>TRANSFORMATION</b>	
10 (Friday)	FUN DAY: Dinner Theater Magic Show		3	Artland	Little Free Library Project
12*	Artland - Generosity		10	Artland	Little Free Library Project
19	Harvest Feast + Food Prep				
26	Pageant Prep		<b>Trimester 3: Taking Action</b>		
				K-2	3rd+
<b>December</b>	<b>MYSTERY</b>		<b>March</b>	<b>TRANSFORMATION</b>	
2 (Saturday)	Holiday Fair		17	Unit Introduction: Taking Action	
3	Pageant Prep + Holiday Workshop		22 (Friday)	FUN DAY: Purim Party	
10	Pageant Prep		24	Spirit Play/Soul Matters	
17	Pageant!		31	Endangered Species	
24	Christmas Eve Service				
31	No Programming or Childcare		<b>April</b>	<b>INTERDEPENDENCE</b>	
			7	Beach Cleanup Field Trip	
<b>JUNIOR YOUTH GROUP</b>			14*	Music Workshop	
Meet 1st Sunday of each month from 5-7pm.			21	Earth Day Field Trip	
October 1			28	Intro to Service Projects	
November 5					
December 3			<b>May</b>	<b>PLURALISM</b>	
January 7			5	Hunger Walk	
February 4			12	Youth Sunday Prep	
March 3			19	Youth Sunday Prep	
April 7			26*	Artland - Pluralism	
May 5					
June 2			<b>June</b>	<b>RENEWAL</b>	
Junior Youth Group: 5th-7th graders.			2	Annual Meeting + Ice Cream Truck	
			9	Youth Sunday + Bridging	
Childcare and Programming are provided all Sundays except 12/31/23.			16	Flower Communion	
* Indicates Holiday weekends					



More info  
to follow!





Community



Children's Chapel



Rites of Passage



Multi-gen Fun





# 2023-2024 Adult Programs



## Enrichment + Learning

Our adult programming will engage your mind, body, and spirit!

Additional programs will be announced throughout the year.

Stay in the loop by joining our email list today!

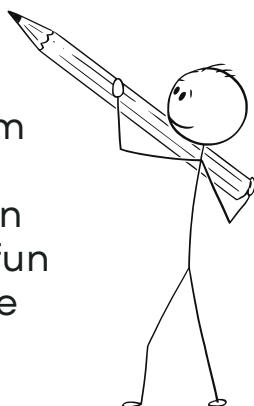


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### The Joy of Drawing

SUNDAY, 10/22 | 3-5pm

It's back! Everyone can be an artist with this fun and interactive course by our own Jim Hamilton.



**Registration required.**  
Spaces limited. Ages 18+.

**REGISTER**

THURSDAYS 11am-12pm | 8 weeks  
Sep 28 5 thru Nov 16  
One-time \$10 Registration Fee at door

Developed at Kripalu Center for Yoga and Health, Shake Your Soul® is a mindful and joyful movement experience that cultivates physical strength, balance, range of motion, spontaneity, self-expression, community, and overall comfort and confidence in the body. Learn more [here](#).

**Registration Required.**



### Artworks Drop-in Studio

After a successful inaugural year, Art Studio is back.

Stay tuned for details!