



# The Bell-Ringer

FIRST PARISH CHURCH  
UNITARIAN UNIVERSALIST  
P.O. Box 1764, Duxbury, MA 02331

OCTOBER 8, 2013

Cindie White-Weiss, Editor

## WORSHIP SCHEDULE

**Oct. 13: "I Am Grateful When I Remember You" – Tom Bozeman** - Tomorrow, many will be celebrating Columbus Day, which is one of the more controversial federal holidays in the US. In some localities, it has been renamed Indigenous Peoples' Day, in recognition of the devastating impact on the indigenous people of this hemisphere that Columbus initiated. As a people of faith, what do we do with such legacies of the past? How can we respond in the present, from a place of thoughtfulness and care?

**Oct. 20: THIRD ANNUAL UNION SERVICE: "Love Reaches Out"**- This year's joint Sunday morning Worship service with our Plymouth and Kingston UU churches **will be held at KINGSTON UU (on rte 106, less than ten minutes away from FPC).** The service is Intergenerational (all ages) and will include music from all three church choirs and words by all three Ministers. Come join us for this exciting worship service, one of the best of the church year events. *If you need transportation to Kingston, let Catherine know.*

**Oct. 27:** "This Is A Very Good Day To Die" In the tradition of the Day of the Dead, children and adults are invited to **bring a photo or other object to share in commemoration of departed loved ones**, people & pets, in our annual ritual honoring those who are no longer among us. Children will begin the morning in the Sanctuary.

**Nov. 3:** "How Accepting Do We Have To Be?" Our third principle calls for "**Acceptance of One Another, and Encouragement to Spiritual Growth.**" **Is acceptance something more than tolerance? What does this principle ask of us? (Guest at Your Table launches today!)**

## COMING EVENTS

### TUESDAY OCT. 8

Memoirs 7:15p.m.  
Buddha's Brain 7:30-9:00 p.m.

### WEDNESDAY OCT. 9

Building & Grounds, 9-11:00 a.m.  
Kindred Spirits 10-11:30 a.m.

### THURSDAY OCT. 10

Book Club 9:00a.m.  
Alliance, 10:00-1:00p.m.  
Governing Board Meeting 7:00-8:00p.m.  
Worship, 7:00p.m.

### SUNDAY OCT. 13

Social Justice, 9:00 a.m.  
Worship/Church School 10:30 a.m.

### HUNGER WALK

6:00-7:30p.m. Buddhist Group

### MONDAY OCT. 14

COLUMBUS DAY – Office Closed  
Bible Group 7:00-8:30p.m.

### TUESDAY OCT. 15

Small Group Ministry 10:00 a.m.  
Historical Committee 7:00p.m.  
Buddha's Brain 7:30-9:00p.m.

### WEDNESDAY OCT. 16

Membership Committee 7:30p.m.

### THURSDAY OCT. 17

Book Club 9:00a.m.  
Alliance 10:00-1:00p.m.  
Governing Board 7:00-9:00pm

### SUNDAY OCT. 20

Worship – Union Service, Kingston  
Church School 10:30 a.m.  
HIP 6:00-7:30pm  
Buddist Group 6:00-7:30p.m.

## A MESSAGE FROM YOUR MINISTER...

*There's the societal fantasy that if you have enough money in the bank, or if you have enough possessions, you'll be happy – that's a consumer fantasy. Another is that you'll always have someone who's going to love you in this perfect way, and even if they do love you...that's today. You don't know what's going to happen next week or next year.*

*"We're a river of change, and if we try to hold on, what we end up getting is rope burn."*

*Things change. We're a river of change, and if we try to hold on, what we end up getting is rope burn. It's a kind of recipe for suffering.*

*If instead, we accept the fact that everything changes and discover that we can float, that we can surf rather than try to stop the waves, then our life becomes more responsive. It becomes more of a dance and there's a tremendous joy that comes in it.*

*There's a certain grief and loss that must be honored and felt, but it's not the end of this story, and it's not who you really are. That's a limited identity. You were that for a while. Now, you're going to be something else and that's the way life unfolds itself all the time.*

-----Jack Kornfield

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## *First Parish Church*

*Unitarian Universalist, Duxbury, Massachusetts*

**P.O. Box 1764, Duxbury, Massachusetts 02331**

842 Tremont St. (Route 3A)

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Telephone: 781-934-6532

Website: [www.duxburyuu.org](http://www.duxburyuu.org)



*A liberal religious community dedicated to nurturing individual spiritual development, promoting understanding and working for social justice. We welcome people of all races, backgrounds and sexual orientations.*

**Rev. Catherine Cullen, Minister**  
**Sunsue Fleming, Director of Religious Education**  
**Edwin Swanborn, Music Director**  
**Elaine Bryant, Bell Choir Director**

**Rev. Robert R. Walsh, Minister Emeritus**  
**Jackie Smith-Miller, Director of Religious Education, Emerita**  
**Lenore O'Malley, Church Administrator**  
**Alex Pevzner, Jr., Junior Choir Director**

### *A MESSAGE FROM YOUR MINISTER...(cont. from pg. 1)*

Dear Friends,

It's the time of year when we remember in a very beautiful and vivid way that all life is change! Look around you—the leaves are changing color, the hint of a new season is in the air. One of my favorite readings in our hymnal is from the poet Mary Oliver: to live in this world you must be able to do three things...to love what is mortal; to hold it against your bones knowing your own life depends on it; and, when the time comes to let it go, to let it go”

*In your “letting-goes” may you know the deep peace of a little falling leaf, who, when the time comes, simply lets go in faith and trust and joy into the embrace of the autumn breeze!*

*Catherine*



***Next Bell-Ringer Deadline: Mon., Nov.4, 2013 9:00 a.m.***

# ***RELIGIOUS EDUCATION NEWS***

## **First Parish Church 2013 Hunger Walk**

**SUNDAY, OCTOBER 13** is the day of our **2013 HUNGER WALK**  
to benefit **HEIFER PROJECT INTERNATIONAL**.

On **Sun., Oct. 13**, our young people ages 3 through Grade 8 will be walking with their group leaders in the cemetery next door. A one-mile route has been established on the roadways through the cemetery. Grades 9 and up will help with security and directions. Each young person can decide to repeat the one-mile route as many times as he/she chooses. Likely, time will allow a maximum of 5 miles of walking, so our suggested pledge per mile is \$5. Hopefully our young people will be able to raise a minimum of \$20 each. Thank you in advance for helping them find lots of sponsors.

Adults are invited to join the walkers after the Sunday morning service (either as a walker or a cheerleader). We'll celebrate with light refreshments after the walk at 11:45 a.m.

If your family will not be in church on October 13, we urge you to find an alternate time/place to do your walking. Walk anytime, anyplace - what matters is that we all do our part to raise money to help a hungry family.

Let's all find a way to be part of this special project!

## **P U M P K I N S U N D A Y**



**OCTOBER 27<sup>th</sup> 2013 (after Worship)**

**Our Special Church Family Halloween Celebration**

## ***HAPPY HALLOWEEN!***

### **PLANNED ACTIVITIES ARE...**

11:45 a.m.: CARVING PUMPKINS & HAUNTED HOUSE  
provided by our grade 7 & 8 (downstairs)

12 p.m.: CARVING PUMPKINS – Bring a pumpkin to carve.

Pizza on sale by our HIPGroup – YUM! (or you can bring your own lunch)

12:30 p.m. – Tricks for Treats

1 p.m.: CLOSING CIRCLE

**Sun., Oct. 27, 6 – 7:30 p.m. - A Halloween Ceilidh For All Ages:** On Sun., Oct. 27, 6 - 7:30 p.m., we will be hosting our annual "Halloween Ceilidh" on the front steps and lawn of the church. Everyone is invited to bring a carved pumpkin with a candle to display and a blanket to sit on. We will lead the Ceilidh, a sharing of Halloween stories and music. All ages are invited to participate and instruments are welcome. ***Help with the set-up. Please contact Sunsue Fleming if you can help – (781) 934-6532, ext. 4. Thank you.***

### **October Birthdays!**

Brendan Barry  
 Christopher Cantwell  
 Robbie Kelso  
 Gregory Langner  
 Miranda Moore  
 Molly Brogan  
 Marley Hamilton  
 Maya Zukowski

### **Women's Ritual Group - Celebrate Samhain**

Women will come together on **Wed., Oct. 30, 7:30 p.m.** in the Parlor to celebrate Samhain. All women are welcome.

### **Rocks Needed For Our Labyrinth**

We are moving forward with our plans for a walking labyrinth. This labyrinth will be placed at the bottom of the hill behind the parking lot. We now need **rocks!** Please start bringing rocks from your yard or beach the size of a cabbage or bigger. We will need lots of rocks. Please place them at the bottom of the path to the town forest at the back of the parking lot.

### **New Youth Advisor Position Approved by Annual Meeting; Applicants Sought**

This year, Annual Meeting approved a new position long desired by the RE Committee. The position is Youth Advisor, a part-time paid position dedicated to working with youth in our 9<sup>th</sup> through 12<sup>th</sup> grade program, the HIP Group. Working with Sunsue Fleming, our Director of Religious Education and the volunteer advisor to the HIP group (currently Steve Cunningham), the Youth Advisor will help plan, organize, and participate in activities with and for the Youth Group, including the weekly Sunday night meetings, overnights, fundraisers, special events and possibly attendance at GA. The work should take between 12 and 20 hours per month and pays a stipend of \$300 per month during the church year. The ideal candidate would be at least 25 (to ensure enough separation from the group), but also able to relate to youth in a meaningful way. Interested FPC members and friends are encouraged to apply, though applicants will be sought from throughout the region as well. To apply, please submit a resume and letter of interest to [uuduxburyhiring@gmail.com](mailto:uuduxburyhiring@gmail.com). Sunsue and the RE Committee thank the Parish for their support for this important new position and the corresponding enrichment of our youth programming that it should bring.



## ***Ringling Out Justice!***

News of social justice activities at First Parish Church



### **Box Project**

The Box Project is ready for another year of helping the neediest of our local Head Start families. A special thank you to our coordinators - Carrie Meier, Amy Hamilton, Mary Flanagan, Kathy Bray, Jen Cantwell, Ruth Oakland, Donna Savicki, Andrea and Ben Brandeis and Marilyn Christmann. Many thanks also to the 47 people who are contributors.

We will be collecting the food and clothing in the shed at the church this year. We have several drivers ready to transport everything. (They'll get a thank you when we know all the names!) First due date is October 20th.

### **Box Project Clothing Requests**

Please consider donating your children's or grandchildren's gently used clothing for use by Head Start families. We accept all clothing from birth through teens in VERY GOOD OR EXCELLENT condition. At the moment we have the greatest need for infants through size 6 boys and girls, but this list will expand and so feel free to donate any child size. If you have any questions or if you want to arrange pick up/drop off, please contact Cindy Ladd Fiorini at [claddfiorini@comcast.net](mailto:claddfiorini@comcast.net) or 781-837-1540.

### **Social Justice After Church Table**

The Social Justice Committee is hosting a table in coffee hour after Worship every Sunday. Please stop by to say hello, to see what we are doing and to share any ideas you might have.

### **Summer Read follow up Discussion**

The follow up discussion for the book **Behind the Kitchen Door** will take place as a one session discussion on Wednesday November 20 from 7 – 9 at church. We will have time to discuss the pertinent aspects of the book as well as to explore what next steps we might like to take. If you are unable to attend but want to discuss the book, please let Cindy Ladd Fiorini know at [claddfiorini@comcast.net](mailto:claddfiorini@comcast.net) or 781-837-1540 and perhaps we can arrange a second session. If you still want to read the book and join us, it is not too late. Stop by the table at coffee hour and find out more about it.

### **Monthly Meeting for Social Justice Committee**

The monthly meeting of the Social Justice Committee will be Sunday October 13 at 9:00. If you have an interest, please join us. Everyone is Welcome.

### **Overnights of Hospitality Program**

The Social Justice Committee is planning on working with the Overnights of Hospitality program again this year. The Plymouth church may not participate, but we are glad to still provide some meals in November, December, January, February and March for the homeless population. We will have a sign up sheet when we know how best we can help the program.

**Cell Tower Grant Applications Due Nov. 1<sup>st</sup>**

Social Justice Cell Tower Fund Grant applications are due Nov. 1<sup>st</sup>. The application form is available at the First Parish Church office during office hours (8:30 to 1:30 Mon.-Fri.) and on the First Parish Church website. The application can be emailed or mailed to Cindy Ladd-Fiorini or delivered to the church office and given to the secretary by Nov. 1<sup>st</sup>.

Members and friends of First Parish Church are eligible to apply for grants that support local, national, or international programs that promote social and economic justice. Past grants went to programs that provide heating assistance, house the homeless, provide educational opportunities to children in Cambodia and Ghana, give summer camp opportunities to urban children, and the prison ministry.

The Social Justice Cell Tower Fund Grant Committee will meet soon after Nov. 1<sup>st</sup> to determine which grants will be approved. Those whose grants are approved will be notified by Dec. 15<sup>th</sup>. This is an opportunity to support innovative efforts to make the world a better place for all.

**Please sign up to donate or volunteer for our day @ Father  
Bill's/Mainspring Community Table****Saturday, October 26th and Saturday, November 23rd**

We need casseroles, salads, desserts and servers for our day at Community Table in Brockton. We serve between 150 to 200 guests for lunch. It is an awesome experience and social justice live in real time.

Come, join us - we have a lot of fun. We need you!!! Please email Sam Brandeis @ [scbrandeis@gmail.com](mailto:scbrandeis@gmail.com), call Andrea Brandeis @ 781-715-4212 or inbox on FPC's Facebook page.

**MONDAY OCT. 21**

Cranberry Cluster Program 6:00 p.m.  
 Meetings at the Moon 6:30-8:30p.m.  
 Bible Group 7:00-8:30p.m.

**TUESDAY OCT. 22**

Buddha's Brain 7:30-9:00p.m.

**THURSDAY OCT. 24**

Book Club 9:00a.m.  
 Alliance 10:00-1:00p.m.  
 Committee Chairs Meeting 7:00pm

**SUNDAY OCT. 27**

Worship/Church School 10:30 a.m.  
 PUMPKIN SUNDAY AND CEILIDH  
 Buddhist Group 6:00-7:30p.m.

**MONDAY OCT. 28**

Building Use Meeting 11:00a.m.,  
 Bible Group 7:00-8:30p.m.

**WEDNESDAY OCT. 30**

Woman's Ritual 7:30p.m.

**THURSDAY OCT. 31**

Book Club 9:00 a.m.  
 Alliance 10:00-1:00p.m.

**ON-GOING CHURCH MEETINGS**

**SUNDAYS** - Family/Child Sunday (1<sup>st</sup> Sun. each month)

Joys & Concerns (2<sup>nd</sup> Sun. each month)

Announcement Sunday (3<sup>rd</sup> Sun. each month)

Silent Joys & Concerns (4<sup>th</sup> Sun. each month)

Music Committee (1<sup>st</sup> Sun. each month) 12 p.m.

Social Justice 9 a.m. (2<sup>rd</sup> Sun. each month)

Welcoming Congregation 9:30 a.m. (3<sup>rd</sup> Sun. each month)

Denominational Affairs 12:00 (3<sup>rd</sup> Sun.)

Buddhist Meditation 6-7:30p.m.

**MONDAYS** - RE Committee 7 p.m. (1<sup>st</sup> Thurs. each month)

Building Use 11 a.m. (4<sup>th</sup> Mon. each month)

Finance Committee 7 p.m. (2<sup>nd</sup> Mon. each month)

**TUESDAYS** - Hand Bells 7 p.m.

Historical 7 p.m. (3<sup>rd</sup> Tue. each month)

Memoirs 7:00 p.m. (2<sup>nd</sup> Tues. each month)

**WEDNESDAYS** - Staff meeting 1 p.m. (weekly)

Buildings & Grounds 9-11 a.m. (1<sup>st</sup> Wed. each month)

"Kindred Spirits" 10-11:30 p.m. (2<sup>nd</sup> Wed. each month)

Membership 7:30 p.m. (3<sup>rd</sup> Wed. each month)

**THURSDAYS** - Book Group 9 a.m.

Sewing Group 10 a.m.

Worship Committee 7:00 p.m. (2<sup>nd</sup> Thurs. each month)

Agenda Setting 7-8 p.m. (2<sup>nd</sup> Thurs. each month)

Governing Board 7 p.m. (3<sup>rd</sup> Thurs. each month)

**FRIDAYS** - Committee On Ministry 5 p.m. (1<sup>st</sup> Fri. each month)

**SATURDAYS** - Brockton Soup Kitchen 9:15 a.m. (4<sup>th</sup> Sat. each month)

***CARING CONNECTION:***

There are many caring members of our church community who are willing to lend a hand to those having a difficult time! The Caring Connection can coordinate meals, transportation, babysitting or visits to shut-ins. For the month of **OCT.**, please contact **GEORGE ANDERSON**.

***Minister's Office Hours:*** Catherine's office hours are **Mon., Wed., and Thur.** from **11 a.m. to 3 p.m.** Tuesdays are her days off and Friday's are her sermon writing days. She may be contacted by cell at (781) 635-5906. If you need to schedule an appointment during office hours or any time after office hours, please feel free to contact Catherine at [TheRevCatherine@aol.com](mailto:TheRevCatherine@aol.com), at her cell number, or by leaving a message at the church.

***Office Hours***

The FPC church office is open **Monday-Friday, 8:30 a.m. – 1:30 p.m.** Our email address is [uuduxbury@verizon.net](mailto:uuduxbury@verizon.net). If you need anything, please call Lenore and I will be happy to help you.

***Spiritual Direction Opportunities at First Parish Church:***

The still, small voice is with you whether you are racing through your busy days or sitting in meditative silence or contemplative prayer. Spiritual direction is for anyone who is searching for deeper spiritual insights and for spiritual growth in the events of our hectic daily lives. You can use your time in spiritual direction to slow down, to learn how to listen, to explore life's deeper issues and to make progress toward achieving greater consistency between your deeply held values and your actions. This fall Catherine is offering Individual Spiritual Direction (participants meet with Catherine once a month for an hour or so). Contact Catherine via email at [TheRevCatherine@aol.com](mailto:TheRevCatherine@aol.com) or call her here at the church (781)934-6532 ext 3, to learn more about this unique ancient spiritual practice. May this be the year you explore more deeply the spiritual meaning of your life!

### **Pastoral Care Associates Available to Assist Parishioners**

Last January FPC Duxbury launched a new initiative to provide lay pastoral care and assistance to parishioners in circumstances where lay involvement might be appropriate. This work has included hospital and nursing home visits, as well as home visits for parishioners who may be home bound or have limited ability to fully participate in church activities. Pastoral care associates do not by any means replace the very important pastoral work done by the Minister, but rather supplement it with home visits and other activities that the Minister's schedule does not realistically allow. The work of the pastoral care associates can also complement, but not replace, the work of the Caring Connection. Rather than focus the very important services provided by that group, like meals and rides, pastoral associates focus on providing company, conversation, listening, and being present. Any parishioners who themselves would like a visit from a pastoral care associate, or know of someone who might benefit, are encouraged to contact the Minister, the Pastoral Care Coordinator, Michael Gardner, or any of the other specially trained Pastoral Care Associates, who currently include Jean Baker, Mary Flanagan, Jack Hill, Bob Kauffman, Cindy Ladd Fiorini, Karen Sankey, Jackie Smith-Miller and Betsey Stevens.

### **Cranberry Cluster Program, October 21<sup>st</sup>, 6:00p.m.**

The Fall Cranberry Cluster Program will be held on October 21st, in Kendall Hall at First Parish UU in Plymouth MA. Pianist Niles Brandon will perform. Social Hours starts at 6:00pm, Dinner at 6:30pm.

### **Mark Your Calendars, Important Coming Events!**

*December 7th, Decemberfest*

*February 1st, Service Auction*

### **MEMBERSHIP COMMITTEE NEWS:**

#### **MEET THE MINISTER**

Every FIRST SUNDAY OF THE MONTH from 11:30 - 12:00 noon, Rev. Catherine Cullen is hosting an "Open House" for those who are new to our Church. Grab a coffee (and bring your child/children if you have any in Church School) and meet the minister. She will be happy to meet you too!

Please know that Rev. Catherine Cullen is always available to make an appointment if you would like to meet with her at a different time. You can either give her a call at church 781-934-6532 or send her an e-mail [therevcatherine@aol.com](mailto:therevcatherine@aol.com)

#### **PHOTO DIRECTORY**

We added two more days for those who didn't get a chance to sign up yet: Friday, November 1 from 2:00-9:00pm and Saturday, November 2 from 10:00am-5:00pm. Please contact Tracy Wagner at 781-829-9670 or e-mail her at [wagnertracy@comcast.net](mailto:wagnertracy@comcast.net). You can also sign up during Coffee Hour on Sunday.



**LOVE THIS CHURCH? HELP US SPREAD THE WORD!**

The Communications Committee could use your help in spreading the word about our wonderful church. You could help in several ways: 1. Most importantly, we need just two more people on the Committee. 2. Join the church FaceBook page and post pictures and thoughts there. 3. Take photos of church events and programs, and send to the church administrator and/or the Communications Committee for publication. 4. Let us know in advance if your church event or program needs publicity help. Thank you! Lois Wood, [lw@loiswood.com](mailto:lw@loiswood.com) or 781-934-9070

**Duxbury Senior Men's Club Meetings**

The Duxbury Senior Men's Club would like to invite any senior men to attend the senior men's meetings which are regularly held every other Thursday from 11:00 to 12:00 p.m. at members' homes. This is a non-denominational social gathering. All are welcome! The next regularly scheduled meeting will be October 31, at the home of Peter Frame, 57 Western Way, Duxbury. On November 14, the meeting will be at the home of Jerry Powell, 6 River Street, Kingston. For further information, please contact Tom Chapman at 781-585-6390.

**Directory:** The church telephone directory is attached with this Bell-Ringer in the email version. For people with computers, please open the attachment and review your information for accuracy. If there are any edits that need to be made, please just email Lenore. For those people who do not have email, a hard copy of the directory is placed in the Parlor. It will be on the table in the corner along with a pad of paper to write down any edits, if necessary. Please do not remove this copy from the Parlor – if you wish to have a copy, please let Lenore know and she will gladly make a copy for you. Thank you.

**Classifieds:**

**From the RE Committee:** We are looking for a REFRIGERATOR, in good condition, to be donated for the religious education classrooms downstairs. If you have one, please contact the church.