



“In Our Own Voice: Living Life with a Mental Illness”

Friday, March 24
7:30 PM

First Parish Church
842 Tremont St, Duxbury

Free admission
All are welcome

Depression, schizophrenia, suicidal feelings — one in five Americans experience a mental illness at some point in life. One in 25 adults lives with serious mental illness.

Speakers from the National Alliance on Mental Illness will bring first-hand accounts that challenge common assumptions and stereotypes as they share how it can be possible to live well with mental illness.

In case of bad weather check www.uudux.org

*Part of the Open Minds Speaker Series
at First Parish Church.*